

# US Amateur Radio Bands

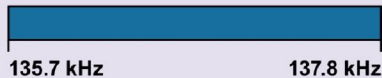
Operator license classes: **E** = Amateur Extra **A** = Advanced **G** = General **T** = Technician **N** = Novice  
 CW operation is permitted throughout all amateur bands. Except as noted, all frequencies are in megahertz (MHz).

■ = RTTY, data, phone, image   
 ■ = USB phone, RTTY, data and CW   
 ■ = RTTY and data   
 ■ = phone and image  
■ = SSB phone   
 = CW only

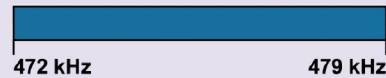
## LF – Low Frequency band

## MF – Medium Frequency bands

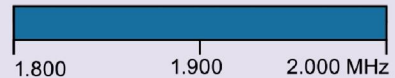
**2200 Meters (135 kHz) E,A,G**  
**1 W EIRP maximum**



**630 Meters (472 kHz) E,A,G**  
**5 W EIRP max, except in Alaska within 496 miles of Russia where the limit is 1 W EIRP**



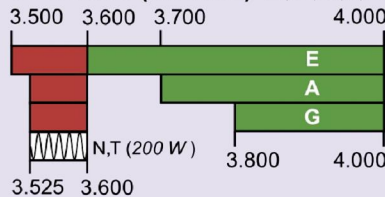
**160 Meters (1.8 MHz) E,A,G**



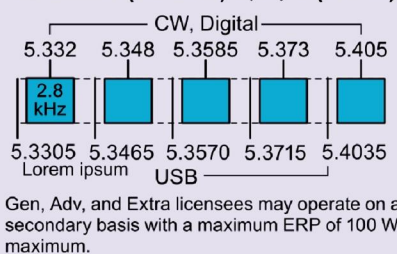
Amateurs wishing to operate on **2200 or 630 meters** must first register with the Utilities Technology Council online at <https://utc.org/plc-database-amateur-notification-process/>. You need only register once for each band.

## HF – High Frequency bands

**80 Meters (3.5 MHz) E,A,G,T,N**

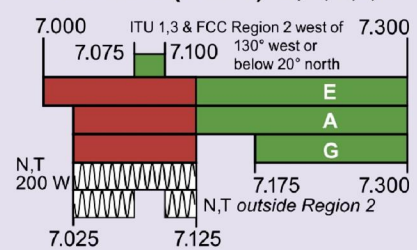


**60 Meters (5.3 MHz) E, A, G (100 W)**



Gen, Adv, and Extra licensees may operate on a secondary basis with a maximum ERP of 100 W maximum.

**40 Meters (7 MHz) E,A,G,T,N**



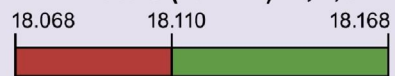
**30 Meters (10.1 MHz) E,A,G**



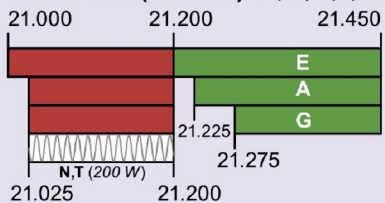
**20 Meters (14 MHz) E,A,G**



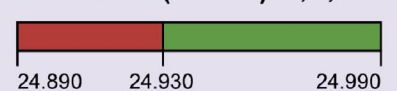
**17 Meters (18 MHz) E,A,G**



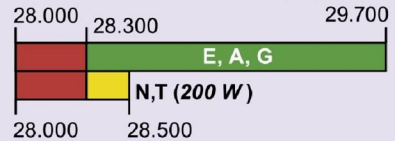
**15 Meters (21 MHz) E,A,G,T,N**



**12 Meters (24 MHz) E,A,G**



**10 Meters (28 MHz) E,A,G,T,N**



## VHF – Very High Frequency bands

**6 Meters (50 MHz) E,A,G,T**



**2 Meters (144 MHz) E,A,G,T**

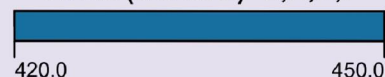


**1.25 Meters (222 MHz) E,A,G,T,N**

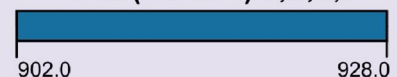


## UHF – Ultra High Frequency bands

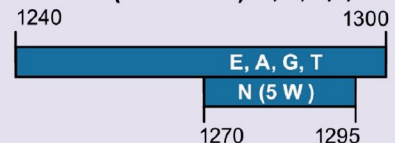
**70 cm (420 MHz) E,A,G,T**



**33 cm (902 MHz) E,A,G,T**



**23 cm (1240 MHz) E,A,G,T,N**



## SHF&EHF – Super and Extremely High Frequency bands

All licensees except Novices are authorized all modes on the following frequencies:

2300-2310 MHz	3300-3500 MHz	10.0-10.5 GHz	47.0-47.2 GHz	122.25-123.0 GHz	241-250 GHz
2390-2450 MHz	5650-5925 MHz	24.0-24.25 GHz	76.0-81.0 GHz	134-141 GHz	All above 275 GHz

See [www.arrl.org/band-plan](http://www.arrl.org/band-plan) for detailed band plans.

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