

From Laura Hadley, director of Utah CFF.

Dear friends,

With deep sadness I am writing to let you know of the unexpected passing of our friend Mickey Applebaum. Mickey has had a profound impact on CF Cycle for Life and the Cystic Fibrosis Foundation. I will always remember the day I met Mickey. I had a table set up at the bike shop for a kickoff party for the Bad Ass Cycle Team. There were several established charity rides also there with cool swag and relationships with many of the cyclists. I had a table with a large pile of maps of our route and info on cystic fibrosis. Everyone was friendly but the food and beer were by far more popular. A man came up and asked me if we had SAG support. I told him no, that I'd left messages but had never heard back from any of the clubs I'd found online. He looked at me with a twinkle in his eye, a deeper understanding than I had of just how much I needed him, and with a little chuckle asked... would you like some? From that moment on Mickey has been all in. Mickey jumped in and helped us with routes and more support than I ever hoped to find.

I will deeply miss his friendship, support, mischievous laugh and stories. I am better for knowing him and forever grateful for this time.

Mickey was a difference maker for the CF Foundation and will be deeply missed. What's also remarkable is that he did this for many other organizations... it was his second full time job. Whether you had the chance to meet Mickey or not, if you received this email Mickey had your back. He recruited and coordinated an incredible support system and safety network for everyone who has ridden or volunteered at CF Cycle for Life.

The family would like to have celebration of Mickey's life. Sunday from 10am – 12pm. I have offered the Cystic Fibrosis Foundation office. To accommodate our small space this will be an open house. Mickey's family would love to meet Mickey's friends and share stories.

CF Foundation Office - 455 East 500 South, Salt Lake City. It is the America First Credit Union Metro Branch. Access to the building is on the East side (Denver Street).

Laura Hadley
Executive Director
CF Foundation, Utah Idaho Chapter